



Anytime, anywhere, you have care that's always there



PRIMARY CARE PROVIDER

Call your primary care provider first when you're not feeling well. Your doctor knows you and understands your health history — so you get personalized, one-on-one care.

Your doctor also works with you to make health care choices that are right for you. This includes helping you get specialized treatment when you need it and coordinating all your care with your other providers. Plus, your doctor may offer additional services, such as virtual visits, same-day appointments and extended hours.

Along with doing annual exams and giving immunizations, primary care providers treat minor illnesses such as:

- Colds and flu
- Mild allergy symptoms
- Sinus and respiratory infections

Why you need a primary care provider

- High-quality, comprehensive care provided by a doctor you know and trust
- Knows you and your medical history and coordinates all your care
- Your primary care provider may offer:
 - Virtual visits
 - Nurse consultations
 - Same-day or urgent care appointments
 - Evening and weekend appointments
 - Additional services, such as labs

You may have Virtual Primary Care through Teladoc Health®.* (For Blue Cross PPO members)

YOU HAVE CHOICES FOR CARE. LEARN MORE AT [BCBSM.COM/FINDCARE](https://bcbsm.com/findcare).

Remember to coordinate all your care with your primary care provider. Follow up with him or her after receiving care elsewhere. This information isn't intended to be medical advice. In an emergency, call 911 or go to an emergency room near you.

*Not all services are covered by all plans

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