

Substance use disorder in America

Substance use disorders are historically underreported due to stigma and potential implications. According to Mental Health America*, a nonprofit community organization helping those with behavioral health needs:

- **7.74%** of adults in America reported having a substance use disorder in the past year.
- **2.97%** of adults in America reported having an illicit drug use disorder in the past year.
- **5.71%** of adults in America reported having an alcohol use disorder in the past year.
- **4.08%** of youth in the U.S. reported having a substance use disorder in the past year.
- **1.64%** of youth in the U.S. had an alcohol use disorder in the past year, while 3.16% had an illicit drug use disorder.



For more information on substance use disorder, treatment and prevention, visit bcbsm.com/mentalhealth. You can also visit justfive.org/bcbsm** for a self-paced, mobile-enabled program that provides information about addiction prevention and substance use disorder treatment.

*mhanational.org/

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